



**SERVE TO
CHANGE LIVES**

ROTARY DISTRICT 7030 NEWSLETTER FOR INTERACTORS

EDITION 3 | MARCH 2022

**A WORD FROM DIC
SORAYA
PAGE 3**

**DG SONYA MEETS
INTERACT CLUBS
PAGE 4**

**INTERACT VICE
PRESIDENTS OVATION
PAGE 9**

**INTERACT CLUBS STORIES
— CLUBS IN ACTION
PAGE 11**

THIS EDITION



**ANNOUNCEMENTS FROM
THE DESK OF DISTRICT
INTERACT COMMITTEE
PAGE 16**

**EXPAND YOUR INTERACT
KNOWLEDGE
PAGE 21**

Dear Interactors,

So, we are now at our third publication, which means that you too are well into your third semester and almost at the end of your school year! Examinations are in full swing or around the corner for all of you as you prepare for the next phase of your educational journey, and we wish you much success during this period and beyond.

Within the world of Rotary, we too are in a preparatory mode. Our Rotary year wraps up in June 2022 and as such, this is for us a time of reflection, a time to take stock of our achievements for this period and to make plans for the new year ahead.

In that regard, this issue features our proposed District Interact Conference and Awards as well as our District Interact Citation. We are so very eager to celebrate and to showcase your service projects. We encourage you to get involved by submitting a Club Citation application and by participating in the events slated for the 7th, 9th and 10th July 2022.

If you are a Rotary District 7030 Interactor you must plan to be there! It is our hope that as many clubs as possible will join in the celebration of the 2021-2022 Rotary Interact year!

This third issue also follows District Governor Sonya's visits to a few of our Interact Clubs, a true demonstration of the fun we all have while serving to change lives.

This is INTERACT, where serious leadership can be seriously fun!

DIC Soraya

**DISTRICT INTERACT CHAIR
SORAYA WARNER GUSTAVE**



It was an awesome experience for District Governor Sonya Alleyne to meet with our young leaders of Guyana. Interactors from School of the Nations Interact Club, Queen's College Interact Club and The Interact Club of St Joseph High School updated DG Sonya on the activities and projects of their Clubs and expressed that Interact needs to be more recognized.

DG Sonya utilized the opportunity to remind the Interactors of the importance of their roles and provided guidance. She emphasized that working in teams is a must and encouraged Interactors to have sessions where all members can share their ideas and concepts for activities and projects. Additionally, all members should participate in planning activities and assist in continuing to grow Interact.



QUEENS COLLEGE INTERACT CLUB

SCHOOL OF THE NATIONS INTERACT CLUB



THE INTERACT CLUB OF ST JOSEPH HIGH SCHOOL





Interactors of the Club of Southwest Tobago were fully immersed in the visit of DG Sonya's, Tobago visit from Wednesday 16th to Monday 21st March 2022. The DGs visit had many highlights most notably the participation at Training Session by Interact SWT (Resume Writing & Interview Skills part 2), Visit to Interact Club Project, Bench Painting/Outdoor Park Enhancement, Island Tour; District 7030 Moves part 2 in Tobago at Tablepiece Recreational Grounds and a Joint Community Service Beautification Project among (1 Interact, 1 Rotaract and 2 Rotary Clubs in Tobago) at Tablepiece Government Primary School (activities included, set up kitchen garden, set up/paint outdoor games around the school yard, paint benches in the school yard, power wash outdoor area, assist with flower garden. There was also final fellowship opportunities at the Farewell Dinner and Closing. For a full recap of DG Sonya's visit check out SWT Interact Club page [here](#).



On January 5, 2022 our Interact Club had the honor of welcoming Sonya **ALLEYNE**, Debbie **ROOPCHAND** and Peter **KYLE**!

During this meeting we were able to discuss, obtain numerous advice and also with immense pride present all our actions carried out during the year 2021.

This moment was significant to our Interact Club.



Interact Jouanacaera



PROMOTION OF PEACE



On Sunday 20th February, 2022, the Rotary club of Penal unveiled the 5 peace poles that were placed throughout our community; Shiva Boys Hindu College, Holy Faith Convent, Lengua Presbyterian Primary School, Fyzabad Secondary School and SS Erin Road Penal. This historic event was attended by Rotary International Director Peter Kyle, District Governor 7030 Sonya Alleyne, AG Brian Ramatally and Peace Committee Chair District 7030 Debbie Roopchand.

Planting a Peace Pole is a way of bringing people together to inspire, awaken and uplift the human consciousness the world over. They remind us to think, speak and act in the spirit of peace and harmony. Rotary's goal today is to create environments where peace can be built and maintained through sustainable and measurable activities in communities worldwide. Peace-building remains a cornerstone of our mission as a humanitarian service organization.

**DISTRICT 7030
INTERACT
VICE PRESIDENTS'
OVATION**



VICE PRESIDENT CHERISSE MOHAMMED

NAPARIMA GIRLS' HIGH SCHOOL INTERACT CLUB

Interact Changemaker Anticipation

My most fulfilling project for this year entailed raising funds to assist a primary school student with her medical expenses. Being able to help her financially, whether small or large, gave me a sense of accomplishment that will resonate with me as our club continues to help those in our community.

Never underestimate the difference you can make in the lives of others. Step forward, reach out and help. Reach out to someone that might need a lift.





INTERACT CLUB STORIES

CHANGING LIVES

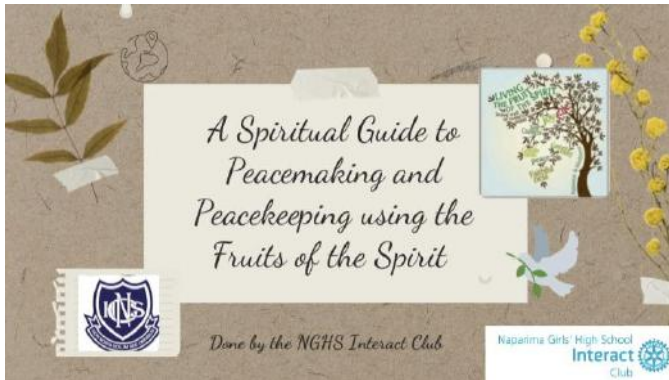
INTERACT CHANGEMAKERS





The greatest longing of humanity is peace thus the NGHS Interact Club encourages people to be magnets of peace as this is paramount to achieving harmony and healing. Our peace role model is Reverend Joy Abdul Mohan. She describes the traditional sense of peace as the absence of war and conflict; however, her point of view with respect to peace is a more spiritual one.

Our message to everyone is that it is crucial to develop a peacemaking attitude in young people by using the Fruits of the Spirit. As such in February, we created a guide to peacemaking and peacekeeping using the Fruits of the Spirit.



NAPARIMA GIRLS' HIGH SCHOOL INTERACT CLUB



In February, the Naparima Girls' High School Interact Club held a fundraiser as a small gesture to support an ailing student of a neighbouring primary school and her family through this challenging time. The student was diagnosed with Acute Lymphoblastic Leukemia at the age of 10. Orange cancer ribbons were sold and all proceeds were donated to the student battling Leukemia to aid in relieving the financial burden on the parents as illnesses like these carry a financial, physical and emotional burden. In addition, the club also raised awareness of leukemia and educated the school community on the signs and symptoms of this condition, so we can all work together to sensitise the public on this disease to aid in early detection or promote regular medical check ups.

The Interact Club
of CaNW
(Creating a New
World) extends
an Invitation to all
Interact Clubs in
District 7030 to
attend the
Interact CaNW
Environmental
Olympics on 14th
May 2022 from
11:00 am AST.

LET'S FIGHT CLIMATE CHANGE

CANW'S 2ND ENVIRONMENTAL OLYMPICS

DATE: 14TH MAY, 2022
TIME: 12:00 UTC

THE INTERACT CLUB CANW WILL
ORGANIZE THE ENVIRONMENTAL
OLYMPICS ON MAY 14TH, 2022.

THE AIM IS TO RAISE AWARENESS
ABOUT CLIMATE ACTION AND TO
CONTRIBUTE IN SOLVING
ENVIRONMENTAL PROBLEMS.

THE TARGET GROUPS ARE
INTERACT CLUB MEMBERS FROM
12 - 18 YEARS OLD. THE CLUBS
CAN REGISTER VIA THE LINK IN
OUR INSTAGRAM BIO:
@INTERACTCANW.

INCLUDES:
- ONLINE SCAVENGER HUNT
- BONDING WITH VARIOUS CLUBS
- EDUCATIONAL PRESENTATIONS



EVERY ACTION COUNTS!



SCAN ME



THE INTERACTORS CAN WIN A CASH PRIZE
FOR THEIR NEXT ENVIRONMENTAL PROJECT!



START TO CHANGE LIVES

LEARN WHAT YOU
CAN DO TO HELP.

Interact
Club of Paramaribo
Creating a New World

INTERACT ADVISORS

Our Interact Club Advisor is **Miss Poliah** who is versed in the field of English Language, English Literature, Literatures in English and Communication Studies. The NGHS Interact Club would like to express our profound gratitude to Miss Poliah who has been closely guiding us throughout our Interact experience. She has been the patron teacher of our Interact Club for many years in the school and is the backbone of the club. She perfectly exemplifies service above self and is a great leader

as she is always willing to assist us youths with all Interact activities. Undoubtedly, she goes out of her way to ensure that students recognize the importance of service and giving back to our community by providing us with an opportunity to do something meaningful and purposeful with our lives. **Miss Poliah** creates a positive environment where all students feel safe to share their ideas and participate. She nurtures

and supports all activities that we undertake as such we value her endless contributions that she has made to the club.

**A TEACHER
TAKES A HAND,
OPENS A MIND,
& TOUCHES
A HEART**



ANNOUNCEMENTS
FROM THE DESK
OF THE
DISTRICT
INTERACT
COMMITTEE



ROTARY INTERNATIONAL 2021 Interact Awards



Rotary



Rotary believes in developing the next generation of leaders. Each year, the RI Interact Awards challenge our youngest members to showcase how they are taking action through a photo, video, or essay. This year's theme was "SHOW US YOUR SERVICE-LEARNING JOURNEY."



The District Interact Committee applauds the [Interact Club of St Benedict's College](#) for participating in the 2021 RI Interact Awards and further extends its congratulations to the Club on being selected a Finalist in the photo category.

We are immensely proud of your achievement and indeed the service initiative - Cleaning Community Spaces - which was the subject of your submission.

We thank you for your commitment to Interact and encourage you to continue to seek out and take advantage of all the Interact opportunities provided by our Rotary District and Rotary International.

INTERACT ONLINE SURVEY

Is Interact CLUB recognition important?

256 responses

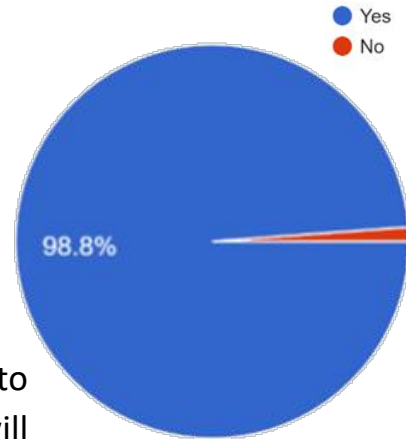


Thank you for completing our February Online Survey, and for providing honest feedback and thoughtful suggestions.

We are very appreciative of the time that you took to respond and to assist us with our review, which will simply help us to understand and support you better.

It is based on your feedback that we will be introducing our two inaugural Interact events, the **Interact District Conference** and an **Awards Ceremony** during the month of July 2022, and it is our hope that many of you will answer the call to participate in the production of these events.

We look forward to working with you, as we advance these plans.



TO ALL OUR INTERACT CHANGEMAKERS

In keeping with our 2021-2022 Rotary Theme, we know that you have worked hard to serve and change lives this Rotary Year. Help us recognize your hard work and share the amazing work that you are engaged in throughout this District!

Complete the District Interact Citation and be recognized at our upcoming Interact Conference & Awards!

The Interact Citation Categories are easy to achieve as we know that our Clubs are formidable, resilient and have been up and running -

- Enhancing Membership Experience
- Rotary Engagement
- District Interact Engagement
- Community Service Projects
- Rotary Awareness

Clubs with a minimum of 100 points automatically qualify for a Citation:

1. District Governor Citation – This will be awarded to Clubs who have achieved more than 250 points based on the activities undertaken
2. Gold Citation - This will be awarded to Clubs who achieve above 200 and up to 250 points based on the activities undertaken
3. Silver Citation – This will be awarded to Clubs who achieve above 150 and up to 200 points based on the activities undertaken
4. Bronze Citation – This will be awarded to Clubs who achieve 100 to 150 points based on the activities undertaken

Reach out to your Sponsor Clubs for assistance with completion of the application form!



LET'S GO INTERACT CHANGEMAKERS

INAUGURAL INTERACT DISTRICT CONFERENCE & AWARDS



If you are a District 7030 Interactor, you must plan to be there branded with your Club logo (if possible) and representing your Club. This is the time for clubs to come together to celebrate their Interact achievements.

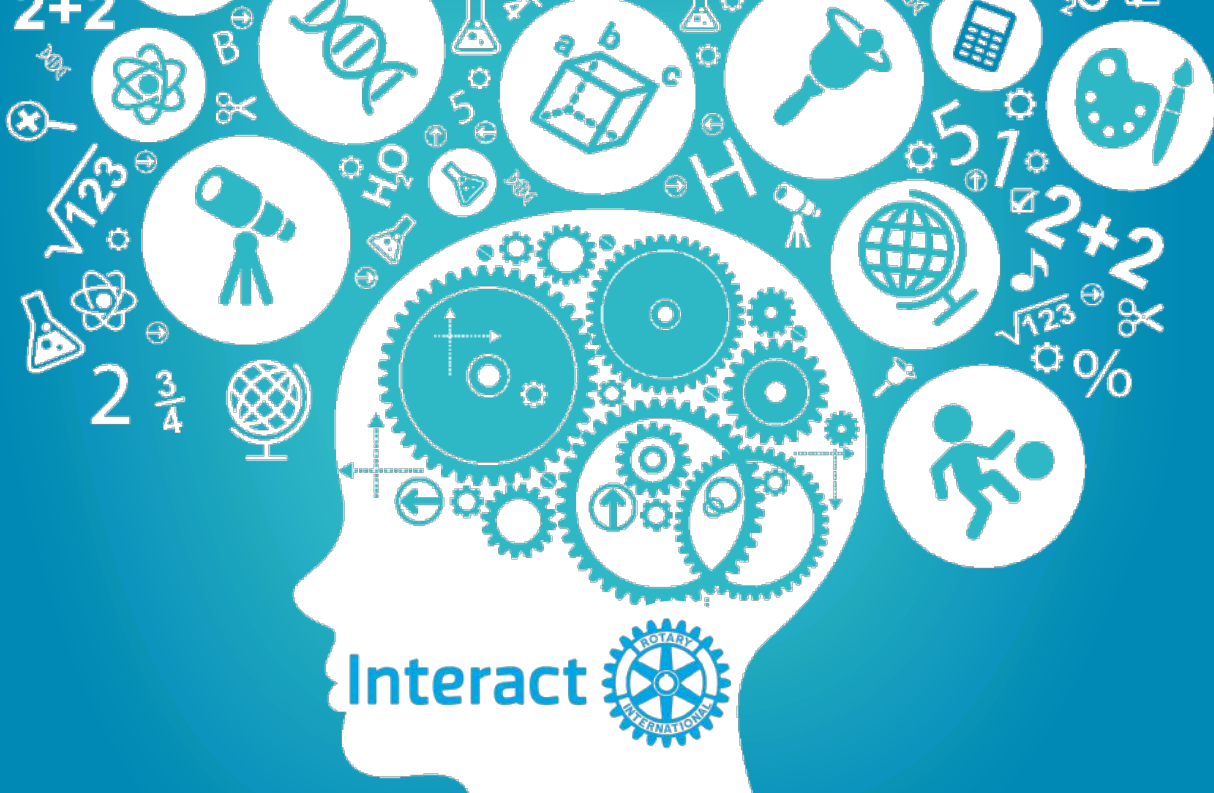
What can you expect?

1. Events to be led by Interact Club Presidents
 2. Interact Project Showcase
 3. Spotlight on YPA and Peacebuilding in D7030
 4. Presentations on the Power of Interact, Public Image and Branding
- And Lots more

Spread the word and let's make this the best virtual Interact event!

We look forward to recognizing your Clubs with your INTERACT CHANGEMAKER Awards!!

STAY TUNED FOR MORE DETAILS!



EXPAND YOUR **INTERACT** KNOWLEDGE

■ CONSTITUTION CORNER

■ THE BOARD

■ INTERACT CLUB ADVISORS

■ LEADERSHIP TRAINING

THE BOARD

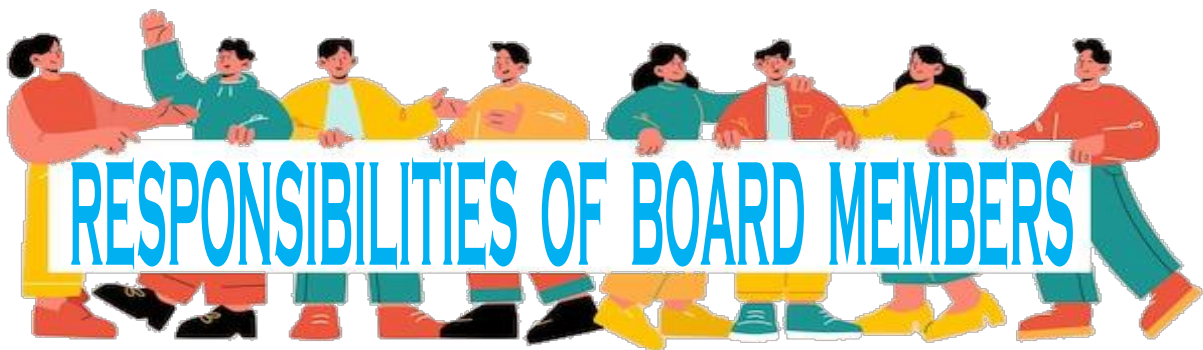


The governing body of an Interact club is its board of directors. The board consists of the President, Vice President, Secretary, Treasurer, and any additional officers, depending on the size of the club.

The board is required to meet at least once a month and report any action taken at the next Interact club meeting. The board reviews and approves the club's plans and projects during meetings. The Rotarian and Faculty Advisors must attend all board meetings. Club members may also participate in these meetings as observers.

Board members should think of project ideas, encourage club members to participate, and delegate responsibilities.

At the end of the year, the board prepares a final report that describes the significant actions taken over the past year. It should keep the original on file and send a copy to the sponsor Rotary club.



Each board member is responsible for assisting in the smooth running of the club. The responsibilities of the board members are stated below.

PRESIDENT

- The President's principal role is to lead the club, ensuring it functions effectively.

VICE PRESIDENT

- The Vice President's primary role is to support the President. However, some clubs may choose to have the incoming President serve as Vice President before taking office.

SECRETARY

- The Secretary's primary responsibility is to help the club function effectively by maintaining all club records, sending out the club, board and committee meetings notices, taking minutes, and communicating decisions made to the members.

TREASURER

- The Treasurer works with the Secretary to maintain accurate financial records.

COMMITTEE CHAIR

- Make sure all committee members are familiar with the club's constitutional documents, organization, and goals.
- Keep accurate documentation of events/activities.
- Assign every committee member a task, and keep track of these assignments.

RESPONSIBILITIES OF FACULTY ADVISOR

School-based Interact clubs must have a faculty advisor who supports, mentors and guides the Interactors. The faculty advisor responsibilities include:

MENTOR AND MOTIVATE

Offer advice during project planning.

Inspire members during challenging times.

Oversee officer elections and provide guidance to make sure they are fair.

FACILITATE AND PROTECT

Attend meetings and ensure that all members feel safe and respected.

Supervise Interact activities and projects.

Make sure Rotary policies are followed whenever young people travel, work with adults, and use social media.

CONNECT AND COACH

Help maintain accurate club records and oversee club funds.

Ensure that the club provides contact information to Rotary every year.

Exchange stories, ideas, and strategies with the District Interact Chair.



CONSTITUTION CORNER

ARTICLE 8 - ACTIVITIES AND PROJECTS



An insight is provided on activities and projects covered in Article 8 of the Constitution.

Interact clubs shall be responsible for planning, organizing, financing, and conducting their activities and supplying money, labour, and creative imagination. In the case of joint projects or activities undertaken, such responsibility shall be shared.

Clubs shall undertake at least two major projects annually, one designed to serve the school or community and the other to promote international understanding. All or most of the members shall participate.

It is the responsibility of the Interact Club to raise funds necessary to carry out its program. It should not solicit or accept more than occasional or incidental financial assistance from its sponsor club(s), other Rotary clubs, Rotaract clubs, or Interact clubs. All funds raised for service projects must be expended for that purpose.

Interact Leadership Training Seminar

Rotary
District 7030



Interact
District 7030



The District Interact Committee would like to advise of their plans to introduce the following special initiative in the new Rotary year for Interact. Interact Leadership Training Seminar for all incoming Boards.

This Training Seminar which is scheduled for later this year endeavors to bring all Interact Executive members together for Rotary Leadership Training and Team Building.

Please ensure that your new Board members are selected and in place before your school year is closed or certainly by June 2022.



STAY

in

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KNOW



JOIN THE DISTRICT 7030 INTERACT FACEBOOK GROUP

<https://www.facebook.com/groups/District7030Interact>

**VISIT THE DISTRICT 7030 INTERACT WEBPAGE TO LEARN
MORE AND ACCESS INFORMATIONAL RESOURCES**

<https://rotarydistrict7030.org/sitepage/district-7030-interact>



VIEW FUN ENGAGING INTERACT VIDEOS

<https://youtube.com/user/InteractOfficial>

CHECK US OUT ON INSTAGRAM [@INTERACTDISTRICT7030](https://www.instagram.com/interactdistrict7030)



Instagram



SEND AN E-MAIL INTERACT@ROTARYDISTRICT7030.ORG



#InteractChangeMaker

#District7030Interact



SUBMISSION GUIDELINES 2022

A Rotary District 7030 quarterly publication that will allow Interactors to share their stories, practice leadership, and create change in their communities.

Send via E-mail by 15 June 2022 to:
interact@rotarydistrict7030.org

SUBMIT AND GET POINTS FOR END OF YEAR CITATION

1. Club Stories –Projects

Maximum 100 words

Must include min 1 photo; max 4 photos

2. Quarterly Club Schedule

Send planned events/projects. Include name, type of activity and planned date so other clubs can support.

3. President profile

Include Name, Club, Country, favorite project (past or future), words of inspiration (20-30 words max)

4. Any fun Interact article or photo

Share with the District 7030 family

Examples: Club history, call for partnerships, spotlight for new or outstanding members, project ideas, exchanges etc.



**SERVE TO
CHANGE LIVES**



**TOGETHER, WE SEE A WORLD
WHERE PEOPLE UNITE AND TAKE ACTION
TO CREATE LASTING
CHANGE ACROSS THE GLOBE,
IN OUR COMMUNITIES, AND IN OURSELVES.**