# WEST SIDES



### *This month in Rotary:* MATERNAL AND CHILD HEALTH MONTH

The weekly bulletin for the Rotary Club of Barbados West Chartered August 14<sup>th</sup> 1975 | District 7030

#### **TONIGHT'S MEETING**

- Call to Order
- The National Anthem of Barbados
- Rotary Grace
- Toasts to Her Majesty the Queen & Barbados
- Introduction of Visiting Rotarians & Guests
- Dinner
- Debrief on Easter Hamper Packing and Deliveries
- Presentation on Polo Fund Event
- Any other business
- Toast to Rotary International

#### **UPCOMING EVENTS & ACTIVITIES**

#### Alexandra School Interact Club - 3:00pm

Wednesday, May 2 <sup>nd</sup>	Rtn. Kevin Boyce & Rtn. Rene Butcher
Wednesday, May 9 <sup>th</sup>	Rtn. Hugh Callender & Rtn. Dennis Chandler
Wednesday, May 16 <sup>th</sup>	PP Horace Cobham & Rtn. Marcia Cyrus
Wednesday, May 23 <sup>rd</sup>	Rtn Jaggernauth Dass & Rtn Rennette Dimmott

# Meals on Wheels

Thursday, April 21 <sup>st</sup>	Rtn. Doug Luke	
Friday, April 28 <sup>th</sup>	PP Farid Mansour	
Thursday, May 04 <sup>th</sup>	Rtn. Doug Luke	
Friday, May 05 <sup>th</sup>	PP Farid Mansour	
Thursday, May 11 <sup>th</sup>	Rtn Michael McClean	
Friday, May 12 <sup>th</sup>	Rtn Ezra Prescod	

#### **BOARD OF DIRECTORS**

PRESIDENT Kevin Watson

IMMEDIATE PAST PRESIDENT Farid Mansour

PRESIDENT ELECT Michael McClean

VICE PRESIDENT Joseph Steinbok

SECRETARY Martin Steinbok

TREASURER Marcia Cyrus

DIRECTOR OF CLUB SERVICE Mark Thompson

DIRECTOR OF MEMBERSHIP Nicholas Hartmann

DIRECTOR OF PUBLIC RELATIONS **Morton Holder** 

DIRECTOR OF SERVICE PROJECTS Michael Stuart

DIRECTOR OF ROTARY FOUNDATION Ezra Prescod

<u>Gentle Reminder</u> If you have not done so already, please PAY MEMBERSHIP FEES





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Feed the Needy - Rotarians from West		
Monday, April 24 <sup>th</sup>	Rtn Doug Luke PP Farid Mansour Rtn Michael McClean	



CELEBRATION CORNER			
Birthdays: The Month of April			
Monday, April 17 <sup>th</sup>	Rtn Ezra Prescod		
Tuesday, April 18 <sup>th</sup>	Carla Boyce (Partner-in-service)		
Wednesday, April 19 <sup>th</sup>	Rtn Kathryn Barry		
Friday, April 21 <sup>st</sup>	Rtn Alkins Kirton		
Saturday, April 22 <sup>nd</sup>	PP Dennis Chandler		
Monday, April 24 <sup>th</sup>	PP Mark Thompson		
Anniversary: The Month of April			
Wednesday, April 5 <sup>th</sup>	Peter & Lisa Downes		

**Rotary Quotes** 



Visit us, weekly meetings are held on Tuesdays at 6:30 pm at Bagatelle Great House, Bagatelle, St. Thomas.





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#### HIGHLIGHTS FROM THE PAST TWO WEEKS

#### PARKINSON'S DISEASE PROJECT

Rtn Jean St. John gave an enlightening introduction of Dr. David O C Corbin, Consultant Neurologist at Queen Elizabeth Hospital.

Dr. Corbin gave an informative presentation on Parkinson's disease and its presence here in Barbados stating that more people are being diagnosed with Parkinson's disease at an earlier age.

The Oxford Dictionary defines Parkinson's as a progressive disease of the nervous system marked by tremor, muscular rigidity, and slow, imprecise movement, chiefly affecting middle-aged and elderly people. It is associated with degeneration of the basal ganglia of the brain and a deficiency of the neurotransmitter dopamine.

The Barbados Parkinson Trust held its first seminar on the illness, Saturday, April 8<sup>th</sup> at the Limegrove Cinemas. There, Dr. Joy St John made the disclosure that:

"Most of us have been led to believe that the symptoms of Parkinson's Disease are associated with aging and that the disease usually affects persons over the age of 50. However, there have been more cases of early onset of the disease and emerging data has shown that during the past several years it has been estimated and five to ten per cent of persons suffering from the disease are under the age of 40 years," she told the gathering.

The number of Barbadians who have been diagnosed with the condition is over one thousand.

#### CLUB VISITORS – March 14th 2017

Rotary Fellows, friends and Guests joining the meeting were:

- PP Len Ross Rotary Club of Huntsville, Ontario, Canada
- Dr. David Corbin and his wife Guests of Rtn Jean
- Press Barbados Today, The Nation, The Advocate and CBC





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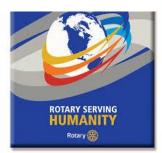
#### EASTER HAMPER PROJECT

The annual Easter Hamper Packing saw a number of Rotarians, Rotaractors, Partners-In-Service and Friends turn out for this worthy charitable cause. The hampers were completed by around 6pm as Rotarians had arrived quite early. A total of 96 hampers were put together and delivered to families on our usual list. Hamper packing took place at PP Farid's warehouse on Tuesday, 11 April 2017.

# **ROTARY INTERNATIONAL CONVENTION 2017 - ATLANTA**

The Rotary International Convention takes place  $10^{\rm th}$  to  $14^{\rm th}$  of June in Atlanta, GA, USA.

Important deadlines (Prices in \$USD) March 31<sup>st</sup>, 2017: Last day for preregistration discount (\$415 Rotarians/\$100 Rotaractors) June 14<sup>th</sup>, 2017: Last day for online registration (\$490 Rotarians/\$130 Rotaractors) Registration via: http://www.riconvention.org/en/atlanta/register



# ROTARACT WEST CALENDAR OF EVENTS

Rotaract	6	Be   Do Serve Better

# Calendar of Events

Quarter 4 – April – June 2017				
April	May	June		
1 <sup>st</sup> : Club Charter Anniversary Event 15 <sup>th</sup> : Community Service Event 28 <sup>th</sup> : After-work Lime	6 <sup>th</sup> : General Club meeting 20 <sup>th</sup> : Club Assembly	3 <sup>rd</sup> : General Club meeting 17 <sup>th</sup> : General Club meeting 27 <sup>th</sup> : Installation @ Rotary West 30 <sup>th</sup> : After-work Lime		

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DISTRICT 7030 CONFERENCE 2017

The annual District 7030 PETS, Conference & Assembly is finally upon us. It kicks off next week, April 26<sup>th</sup> through to the 29<sup>th</sup> at the <u>Hyatt Regency Hotel</u> in Trinidad & Tobago. A number of Rotarians and Rotaractors from Barbados West will be attending this annually anticipated Rotary event.

This year's district conference is particularly significant. We will be celebrating the **25<sup>th</sup> Anniversary of District 7030**!

The District Conference is the ultimate showcase for the programs and projects underway at each of the Rotary and Rotaract club in our District. It is also a terrific opportunity for fellowship and to hear fantastic inspirational speakers, program and project updates and memorable social activities.

This year's Conference is set to be one of largest District Conferences in the last 25 years. Approximately eight hundred (800) are registered over the four-day event. These attendees will be made up of both Rotarians and/or Rotaractors from around the Caribbean representing an array of cultures, professions and backgrounds. Several of these guests include Heads of State; Diplomats; prominent individuals from the public and private sectors, as well as, other non-governmental organizations; and, several media representatives.

*For more information the District 7030 website at:* <u>http://rotarydistrict7030.org/SitePage/district-7030-pets-</u> conference/2017-trinidad#sthash.leNViPBM.dpuf

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# THE NATIONAL ANTHEM OF BARBADOS

In plenty and in time of need When this fair land was young Our brave forefathers sowed the seed From which our pride is sprung. A pride that makes no wanton boast Of what it has withstood. That binds our hearts from coast to coast The pride of nationhood.

We loyal sons and daughters all Do hereby make it known These fields and hills beyond recall Are now our very own. We write our names on history's page With expectations great. Strict guardians of our heritage Firm craftsmen of our fate.

# -ROTARY GRACE

O Lord and giver of all things good, We thank thee for our daily food. May Rotary friends and Rotary ways, Help us to serve thee all our days.

# EDITORIAL TEAM

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Give us your feedback, share your comments, ask questions and provide content, we would love to hear from you.

Let's connect! The Rotary Club of Barbados West is now on Facebook, join the conversation.

> https://www.facebook.com/ RotaryBarbadosWest



Of the things we think, say or do 1. Is it the **TRUTH**? 2. Is it **FAIR** to all concerned? 3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**? 4. Will it be **BENEFICIAL** to all concerned?

# ROTARIAN CHALLENGE

Have you or do you still have displayed the 'Declaration of Rotarians in Businesses and Professions' at your place of work?

It is not too late to join your fellow Rotarians in this challenge.

Request by email to Get your copy. Print and display today.