

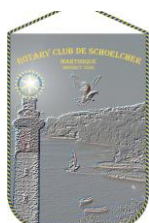
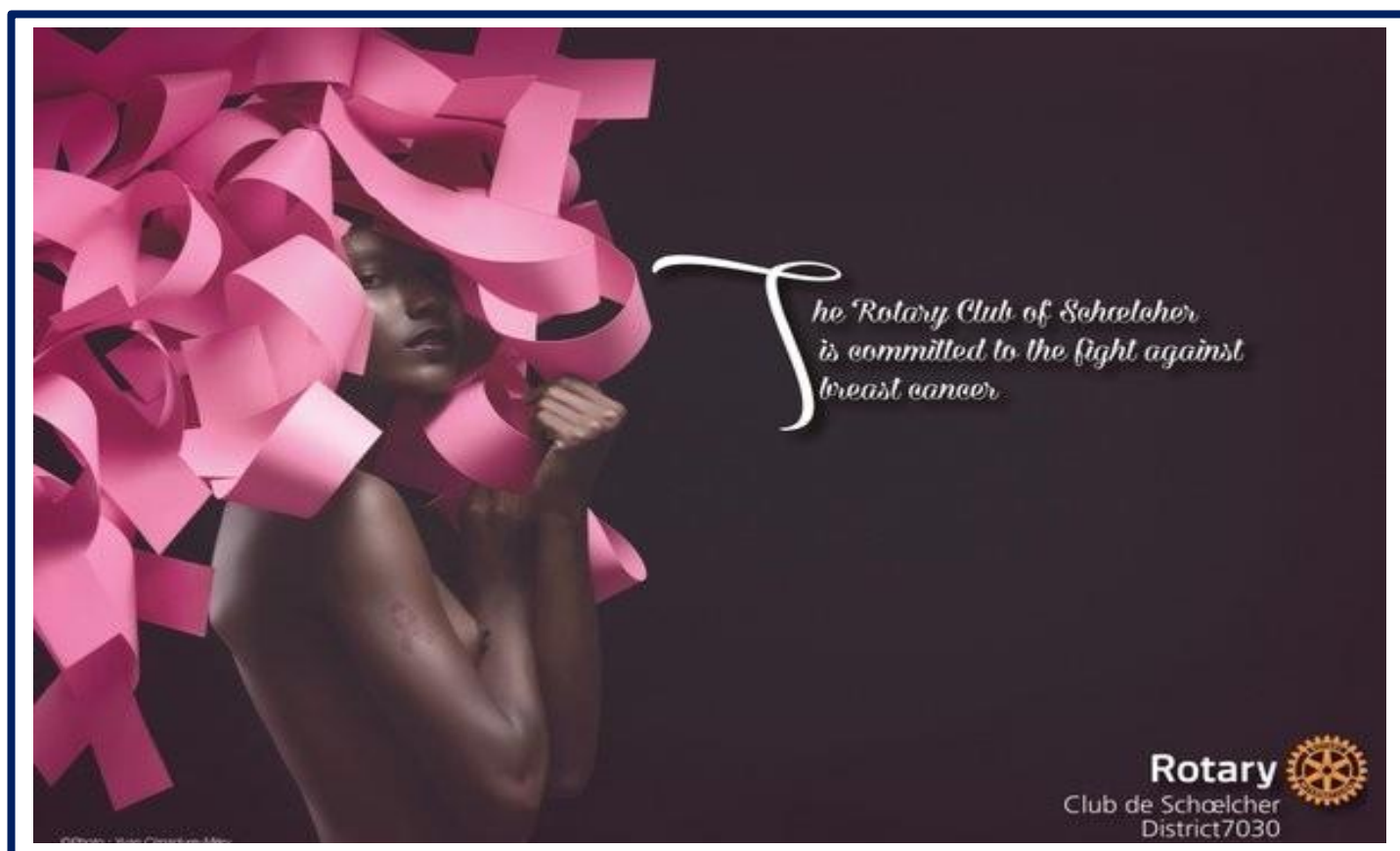
# NEWSLETTER



Schoelcher Rotary Club

September /October 2015 Bimestrial - n°12

**SERVICE ABOVE SELF !**



**PINK OCTOBER ...**

**Fight against  
Breast Cancer**

## Summary



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Weekly Meeting

**Every Wednesday at 19:00**

« Le Deck » Restaurant

Congress Hall of Madiana

97233 SCHOELCHER

[contact@rotaryclubdeschoelcher.org](mailto:contact@rotaryclubdeschoelcher.org)



This year, our club joins the French League against Cancer and gets together in an instructive and active way by creating a group which contributes to the sporting and involved event in tribute to

cancer sufferers through the "Relais pour la Vie". It allows raising funds for the fight against cancer.

However, what does cancer means?

Cancer means the presence of abnormal cells which uncontrollably increases. Regarding the breast cancer, cells can remain within the breast or invade the body by the blood or lymph nodes. Most of the time, the advancement can take many months or even years.

The **breast cancer** is the most frequently female cancer diagnosed around the world. One woman by nine will develop breast cancer during their lifetime and among one woman by 27 will die. Most often, the breast cancer occurs after 50 years-old. The survival rate of five years after diagnosis varies from 80 to 90% depending on age and the type of cancer.

The number of patients increased lightly but regularly over the past three decades. However, the death rate decreased during the same period, thanks to improvements in screening, diagnosis and treatment. Moreover, men can also be affected. Actually, they are 1% of all cases.

As Club Service, we need to act and support all actions (voluntary or not) for sick people and the progress regarding medical research.

You can also, by supporting the action of the French League against Cancer, ACT and are a link in this solidarity chain. Through November 15, you can make a donation thanks to the link:

[Http://collecter.ligue-cancer.net/events](http://collecter.ligue-cancer.net/events)

**Fabrice VALERE,**  
**2015-2016 Schoelcher Rotary Club President**

## Towards Martinique people ...



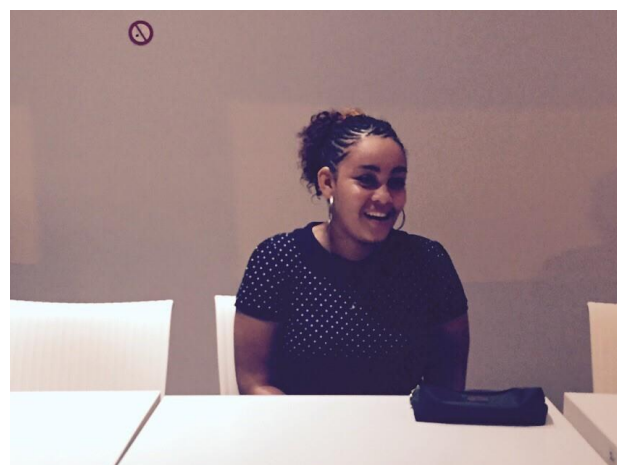
Saturday, September 12, 2015, the Rotary Club of Schoelcher attended the day's meeting of association organized by the City of Schoelcher at the Arawak's square.

For this first participation, we were strategically located, next to the stand of the city of Schoelcher. We could meet the inhabitants from Schoelcher and Martinique who discovered or rediscovered our actions and our commitment to the community. It was a moment of exchanges which has increased the reunification to the Schoelcher Rotary Club with the town and provokes commitments and desires of partnerships.

## RYLA: selection of a candidate

Wednesday, October 18, the Schoelcher Rotary Club auditioned candidates interested in participating in RYLA (Rotary Youth Leadership Awards) which is a leadership training program led by Rotary. This program mainly targets high school students, students and young professionals of all ages, involved over a period of three to ten days in workshops on many topics such as the fundamentals of leadership, communication, conflict management...

This year, Clarys MARIE-LOUISE, young high school student who is committed and involved in the voluntary sector, will be the candidate of the Club to the RYLA of district 7030. It will take place in Granada from November 5 to 7, 2015.



## Conversation lessons in English

The Rotary Club of Schoelcher offers to its members, English conversation lessons. One session every fortnight will be led by Mayvis GIBUS, a member of the Club, with the aim to create a favorable environment to discuss in English, facilitate the exchanges through dialogue, allow active listening and be aware of different type of English languages. Teaching is lively in order to motivate the learners to participate actively in class. Topics cover the news, information of common interest, grammar, vocabulary and spelling. At the end of the program, the session will be held without French at all. Began on Wednesday, October 7, the watchword is respect, listening, friendship and friendliness.





# Visit of the Governor of District



During his visit in our island, the Governor of District 7030, Milton INNIS, was received by our club at its weekly meeting on September 30. It was a meeting at two times. First of all, with the members of Committee who could show him the planned and ongoing actions for the year and then, with all members around a convivial dinner. The dinner was marked by our traditional raffle for raising funds to the Rotary Foundation and the delivery of gifts to members whose birthday was celebrated.



The visit of Milton was an opportunity to present the actions of the club and especially those carried out for the MFME such as the acquisition of a blood test apparatus (CRP) delivered in April. It is equipment for whom the Governor could appreciate the different features thanks to the voluntary contribution of Ilan, the son of our President. Milton could also exchange with the medical corps. It was a meeting which was closed by the visit of the site for the next action of the club: a fresco in the reception desk of pediatric emergency (cf page 7) and a friendship aperitif.



To conclude his visit, Rotary Clubs received the Governor during a gala evening at the « Habitation La Favorite ». It was an evening during which Milton INNIS could express his opinion about the conducted actions and make recommendations to the clubs. Our club has been awarded by the delivery of a Presidential Compendium and our Past President, Jerry PIERRE-FRANCOIS, received from the Governor, a Paul Harris Fellow which is a distinction recognizing the work done during his years of exercise.

This year, by the leadership of our President, Fabrice VALERE, the Club is committed on breast cancer detection.

## • A mini-conference

Mrs. Natacha JOSEPH MONROSE  
Director from the A.M.R.E.C  
(Martinique Charity for the Epidemio-  
logical Research). In Cancer which



presented us the missions of this structure which are:

- Information,
- Prevention,
- Screening (free for 50-74 years old) ;

From statistics, it makes also recommendations on what to do regarding screening. The A.M.R.E.C works in relation to the French League against Cancer which occurs during the disease for the sick and their families.

## • A call for commitment

Our Club has displayed on social networks  
Its commitment and encouraged users to  
do the same.

A call to the « click of participation » for  
the fight against breast cancer throughout October on  
Facebook with an objective of a maximum of « clicks ». It  
is a campaign using the attached photo (D.A: Kevin O'  
BRIAN, Designer: Michael ATKINSON, Photographer:  
Yvan CIMADURE-MERY, Aurelie GIRAUD @ SAINT  
INTERNATIONAL JAMAICA and Makeup: Severine  
MOUSTIN). 14 000 people saw the message and 300  
liked it.



## • A participation in « Relais pour la vie »

Members of the RCS joined the  
members of **«24Heures Chrono»**  
charity and participated to the  
«relais pour la vie » organized by the French League of  
Cancer. They made a donation to contribute to the  
challenge led by the charities in order to collect as much  
money for the building of a home for the sick. However,  
thanks to the action of its members and supporters, this  
charity raised over €6,000 and finished 4<sup>th</sup> of the relay  
among 70 participating groups. It is an action which  
encourages surpassing oneself for others. The date is  
already saved for the next year.



FOCUS



As a Martinique charity founded in 2014 by breast operated women, it is involved with determination in the fight against breast cancer. Its position may be regarded as a welcoming circle to listen, inform beyond basic environments, promote the emergence of actions for the thriving and the physical and moral well-being concerning to breast operated women and/or those who are on medication. « Sein'gulière » tries to answer all the issues, both human and societal ones, in order to fight against the consequences of the disease.

« Put the cancer on an associative approach allows to break down the taboos », its President, **Emmanuelle FOSTAN**, says, knowing herself suffers from the disease.

At the occasion of Pink October, 2015 edition, members of « Sein'gulière » charity lay themselves bare by surpassing the desire of hiding and the fear of each other. They proposed during the month an exhibition comprising twenty photographs revealed to show the trials through which their female bodies.

The innovation on our island is that now exists an association of breast operated women for breast operated women. It relies on the creation of a mutual assistance which mixes « Helping others and helping yourself ».

**You can be a member of this adventure by making a donation. Contact: 0696 81 09 26 and 0696 80 60 90. Address: 50 bis, lotissement les hibiscus, Place d'Armes, 97232 LE LAMENTIN.**



# RCS gets formed and informed



Regarding the monthly conferences, our Club received last September, **Mr. Malik DURANTY**, PhD. Political Science, Sociologist and Teacher, on the thematic « A vision of societal evolution in Martinique through the societal issue ».

This was a subject which fascinated the audience who could discuss with him in order to better identify the developed problems.

Actually, this meeting was definitively a must-see.

**Mrs Catherine MARCELINE**, a lawyer came to tell us about with passion, the luxuriant family history of Louise ACHILLE and Paul NARDAL. If the brilliant career of the oldest of seven daughters of the couple, Paulette NARDAL, is best known for her commitment to the fight against racism and women emancipation, the fate of her six sisters, Andree, Jeanne, Alice among others, her cousins, nephews and nieces, is as much brilliant and thriving worldwide. The trip **Maitre MARCELINE** proposed, led us from the eruption of the « Montagne Pelee » to Paris of the 20s, via Washington or Senegal alongside the defenders of the black cause and the signs which will cause the Afro-American culture. LAGROSILLIERE, DIOUF, CESAIRE, SENGHOR, DAMAS, MARAN, Mc KAY, United Nations Haiti, New York, are so many personalities and places that mark the fate of this exceptional family as a commitment and desire to fight against all forms of oppression. At the end of this interesting conference, how not to mention Christiane EDA-PIERRE, whis is a wonderful Martinique opera singer and the granddaughter of Louise and Paul. By her talent and voice, she conquered the biggest stages of the opera world.

## Louise ACHILLE and Paul NARDAL : A beautiful family



## Registration of volcanic and forest areas of Martinique in the world heritage of UNESCO

Celine COISY from DEAL Martinique, Gabrielle MAUVOIS-HARDOCK and Yoann PELIS from PNRM



Imagine that Martinique is next the Grand Canyon National Park of USA or Goree Island in Senegal in a long list of special world places as far as possible ! .... This is what Pascal SAFFACHE came and told us during our weekly meeting of Wenednesday, October 21 with representatives of the Regional Natural Park of Martinique and DEAL. Indeed, the entry of volcanic and forest areas of Martinique in the UNESCO World Heritageis possible and Martinique will join the 807 cultural propoerties, 197 natural onbes and 32 mixed sites (both natural and cultural properties).

This long last which could last 15 years on average, has started in 2011 and consists of three steps :

**1. Be** on a indicative list; **2. Create** a quality techniqlal file to support the desire of registration and the universal and outstanding values of the five sites chosen which are "Montagne Pelee" and "Mont Conil", the "Pitons du Carbet" and "Morne Jacob", the peninsula of Caravelle, South West peninsula and "Rcoher du Diamant" and **3. Appear** before a committee to validate this position. The assets of Martinique are a perfect example of biodiversity in Carribbean with a luxuriant fauna and flora: 3,200 varieties of tress, 17 species of mammals, 14 species of reptiles ... This is a team of experts that is in charge of carrying out this issue which requires the support of everyone. **Goal** : protect its special places and turn them into touristic assets.

# RCS in action: Fresco - act. 1

*Embellishment operation of the reception desk*

*Of Pediatric Emergency of MFME*

Saturday, October 17, the members of the Schoelcher Rotary Club had an appointment to Pediatric Emergency of MFME.

It was at issue to work to beautify the reception desk of the MFME E.R.

Under the watchful eye and guidance of the artist O'shea, the project manager of this action initiated in 2014 by the Action Commission, the painter's apprentices did their best to prepare the walls of the hospital to receive the fresco proposed by O'shea.

The introduction of the artist and the completed artwork will be showed in the next edition. ☺





# Interclub Action: Dyslexia Project



« How to identify dyslexia and other dys disorders? How to adapt lessons for children involved? » These were, mainly, the working themes of the secondary school teacher Jacqueline Julius at Godissard on Tuesday, October 20.

The meeting gathered the secondary school Principal, Mrs. Martel MAUVOIS, teachers, the school doctor, « Bouche à oreille » speech therapist charity and representatives of Martinique Rotary Clubs who planned this action.

Dr NIRDE, as school doctor, has begun work by presenting a synthetic definition of dys disorder and by showing an overview of the devices provided by law for welcoming « pupils with special educational needs ». This introduction served as a reminder of a key point: the school has the duty to accommodate all children and develop teaching adapted to the specific issues including those whose learning is affected by these dys disorders. After highlighted the context, speech therapists of the BAO charity conducted a presentation of these disorders, including dyslexia which modifies reading and dysorthographia which degrades spelling.

It was question to enable teachers to identify the most common warning signs, but also to present them the “toolbox” of possible adjustments and generally not restrictive of teaching and evaluation methods.

The exchanges that came after helped to provide some answers to questions from the audience, including the testimony of a dyslexic adult who came to tell us how learnings were more difficult when one person does not “work” like everyone. Actually, this was not understood by the educational institution.

If everyone leaves such a meeting better informed and better able to welcome and support pupils with special educational needs, it remains that this action will be really effective only in its realization in the greatest number of schools.



## Donations to Dominica



Erika swept away the island of Dominica on Thursday, August 28, 2015. The tropical storm caused flooding and landslides and killed about thirty people. After the emotion, our club moves into « Action » to provide assistance to the nearby island.

In partnership with the company « L'Express des îles » and thanks to the cooperation of the Dominica Rotary Club, the supplying of goods was done safely. Our Club relied on a list of basic needs prepared by Annie EDWARD, a Rotarian from Dominica.

This collaboration is important to make sure that our goods will be shared wisely without fear or abuse. So, **Saturday, September 5**, at 5 am, a sleepy but happy team had taken charge of the transfer of purchased goods to the boats. All goods sent by the Schoelcher Club were estimated at around € 1,500.

The Club wants to particularly thank Hertz Location for its support on this action.

## Meeting of Presidents in Antigua

September 19, 2015, held in Antigua, the 3rd annual meetings of the Presidents of District 7030. Club Presidents and District Leaders come together to discuss problems they may face with.

The first meeting of presidents of District 7030 took place in 2013 in Barbados.

This workday helped to create the first Guide of Procedures and a three-year Strategic Plan for District 7030. These are always reference documents for Clubs and District leaders. They take inspiration from it to improve their practice and become efficient in their work.

The second meeting of Presidents of District 7030 took place in Trinidad in 2014 and lasted three days. The key idea was to achieve the establishment of a permanent team of trainers for the District. It was finally formalized as entity of the District in 2015 at the conference and the District Assembly in Surinam.

This year, the main topic was the grant of the District and the new grant system of the International Rotary: How to get there. About twenty Club Presidents, including our Fabrice VALERE, were present to exchange, share experiences, compare their practices and find solutions to the problems they could come across. And, like is any Rotarian event, the fellowship wasn't of course outdone.

## Visit of Rotarian and exchange of « FANIONS »



Sylvie THOBOR-LAVENAIRE from Sèvre Niort RC



Annick GIRAUD FROM Portsmouth-Dominique RC

## HOME-MADE DETERGENT

*From the DIY (Do It Yourself) section, I tested the home-made detergent*

What a crazy idea I can hear you say!!! But there is everywhere.

Yes, but how much is it? And then, did you look at the ingredients? Go ahead, open the cupboard and let's read together: anionic surfactants, non-ionic surfactants, soap, polycarbonates perfume, phosphonates, optical brightener agents, butyl phenyl methylpropional, citronellal, benzisothiazolinon enzymes, geraniol, hexyl cinnamal, and limonene.

Scary huh? And besides, it's not cheap: about €10 per liter. So why not do it by yourself?

For that? You need:

**THREE INGREDIENTS** we all have and are not expensive:

- Water
- Household soap, the real one, with olive oil and hypoallergenic properties
- Baking soda (the one with which fill cod fritters), ☺

### RECIPE:

1. Grate 100 g (3.53 oz.) of household soap (or buy it in flakes)



2. Heat a liter of water (heat not boil)
3. Add 100g (3.53 oz.) of baking soda to the grated soap
4. Melt the mixture in water while stirring regularly
5. Mix thoroughly these three ingredients.



It is time to take the blender unless you have beefy arms.

The mixture will thicken and become almost solid. Do not worry, everything is fine. Cool down while stirring regularly. The mixture will stabilize. You can add a few drops of essential oils to perfume.

And then, eureka, you just get the super concentrated detergent.



When the mixture is cold, you bottle it by diluting it. It should have the consistency of a commercial liquid detergent.

And now we test!

**Before** (thank you the leisure center to awaken our children within artistic soul which lies on them)



**After** (thank you my magic detergent)



That's it!!! You just save nature and money.

Ha! I forgot. You can get over with conditioner because white vinegar does a nice job and the odor disappears during drying.

**NB:** You can add a few drops of essentials oils to perfume.

**SEE YOU NEXT EDITION FOR OTHER EXPERIENCES**





## Award Ceremony

During the weekly dinner of October, Pascal LEGARES, the President of the Public Relations Committee was honored by the President Fabrice VALERE, for his work done and his strong commitment with humility for the club. A Paul Harris Fellow, which is one of the most important distinctions of International Rotary, was given to him by the Vice Governor, Daniel CHARLETON GUITTEAU, who were present at this occasion.



### 5<sup>th</sup> Edition

## Of the Pad Calendar from Schoelcher Rotary Club

This year like the previous four ones, the Schoelcher Rotary Club plans to publish the 5<sup>th</sup> edition of its pad calendar. This is an action led by the Foundation Committee in order to contribute to the Rotary Foundation while communicating on its financed operations.

This year, our pad is intended as a « collector » pad, under the guidance of a member of the Club Kevin O'BRIAN, who is the Creative Director. The key idea is to renovate the presentation of this pas while providing more means of communication for advertisers (28 inserts).

If you are a company or a charity and if you want to be a member of this adventure, you can contact us via [relationspubliques@rotaryclubdeschoelcher.org](mailto:relationspubliques@rotaryclubdeschoelcher.org) for further information.

Almost 1,000 pads have been delivered to professionals and Rotarians. A new way to communicate on your structure has come.

So, go ahead and be a part of this adventure!

## SCHOELCHER ROTARY CLUB NEWSLETTER

September and October 2015 - n°12

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